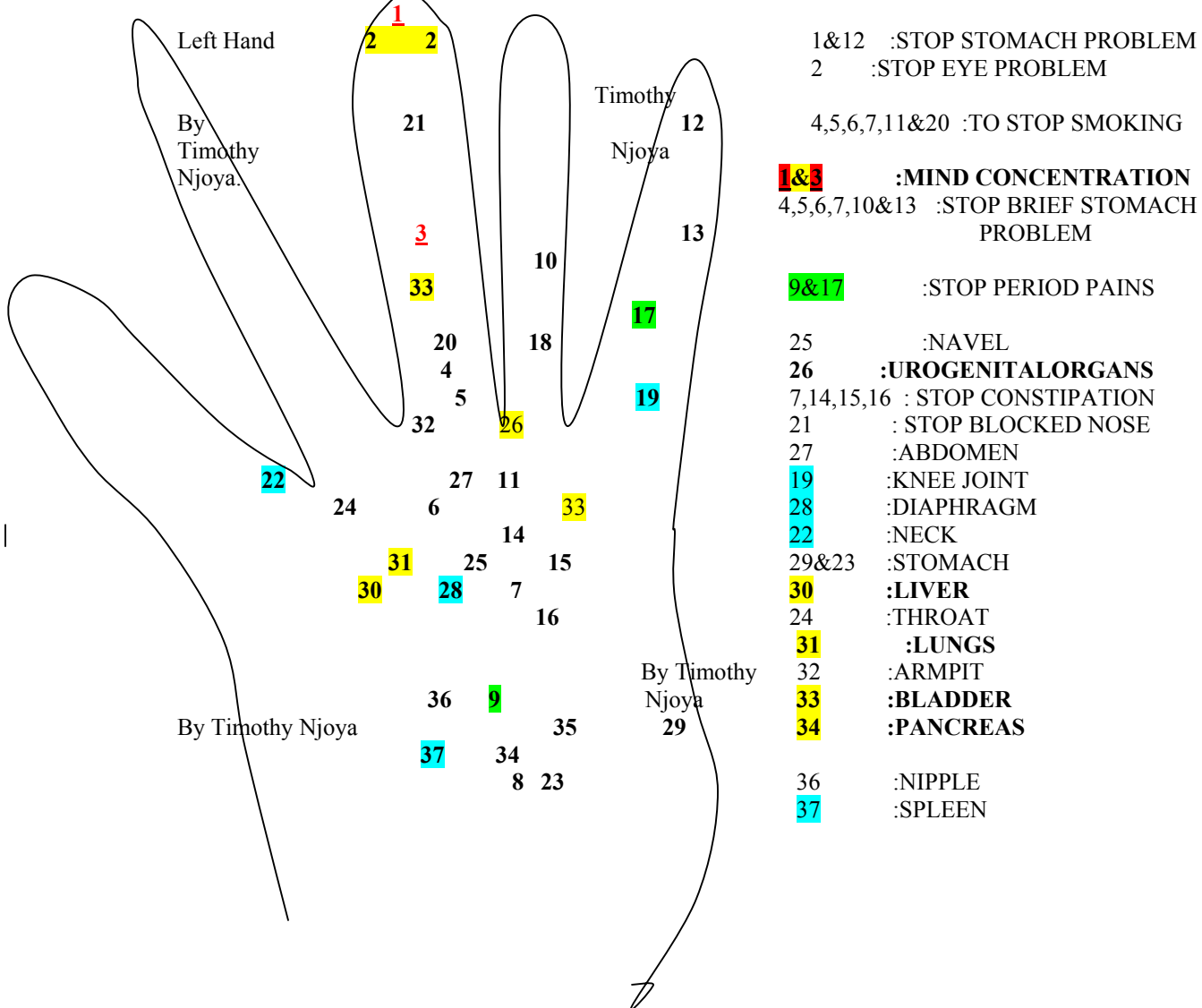


## SELF-ACTIVITY: OVERCOMING FLAWED MASCULINITY.



**This is an introductory and graphic depiction of gender science. This is gender science as health sciences because it depicts how flawed masculinity causes men to relax the use of their vital organs and die of atrophy earlier than women. After many years of conducting clinical workshops all over Kenya and with some men and boys, Men for the Equality of Men and Women (MEW) has arrived at the conclusion that its study of masculinity is partly a health science that can help men and boys to live healthier and longer lives. While masculinity is a social construct, when it tells men to leave certain activities, mostly the activities that require the use of hands, men start to decay in the vital areas of the body as indicated in this graphic representation.**

It is out of **self-activity** that life continues and enjoys itself. Unlike the other parts of the body that may detect degrees of difference in weight, temperature, thickness, wetness and dryness, smoothness and roughness, hardness and softness, depth and height and distance

and may determine whether the objects are metallic or wooden and liquid or solid, only the hands can measure them, some almost precisely. Blind people can use hands to write, read and see where they are going.

The questions are: what are the 4 major consequences of men's failure of **self-activity**; not washing clothes and dishes, peeling potatoes, making their beds, sweeping floors, cooking and dusting the tables, simply because when it comes to certain activities women's **self-activity** becomes the men's substitute?

- Losing the joy of feeling fit and economic liberty.
- In Kenya men get indolent, irrelevant and redundant, and die of atrophy (decay) 21 to 31 years earlier than women.
- Almost all Kenyan woman have been brutally assaulted by men for not doing for men the things men should do for themselves and for not completing the tasks men expect them to complete according to men's specifications.
- The fact that God immobilized men's uterus and breasts gives men the excuse to utilize women's uterus and breast for reproduction. But does this add up to a license for men to deactivate their **HANDS, BRAINS, LIVERS, LUNGS, BLADDERS, NECK, PANCREASES, HEARTS, UROGENITAL ORGANS, BACKS** and **KNEES** so as to depend on women's activities and mobile organs for production? .

Others may be **self-active** on your behalf but cannot feel fit for you; live their lives but never live your life, do things for you but never do some things as well as you can do them for yourself.

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**Rev. Dr. Timothy M. Njoya. 15<sup>th</sup> September 2009. Karinyo Rock Garden.**